1 DAY WORKSHOP FOR COMBAT PISTOL, FIRST RESPONDERS
and Glock Programs

Understanding the basic theories, techniques, tactics and movements of modern combative pistol program specifically aimed at the Law Enforcement, Border Protection, first responder. Developed around the provisions of current jurisdictional Use of Force governance tailored for the current high threat Policing Environment.

Human performance strategies and how to prime, prepare for each and every operational shift and how to improve operational proficiency and movement patterns in the specialist workplace.

INSTRUCTORS:
Mr Shane IRVING, 23 years Law Enforcement Special Operations experience, former ADF and PhD Candidate, Managing Director of Optimal Performance Solutions.
Access to other instructors including US based specialist combative experts.

Inclusions, take away reference material, programming material and templates and recent research articles and video files of lifting and self-coaching correctives analysis.
Data base inclusion and ongoing education provisions.

Date and location to be confirmed, please send your expression of interest to: si@ops.live